# JOIN US! UPCOMING TOBACCO EDUCATION COORDINATORS MEETINGS

As a component of the 2004 BSAS Tobacco Guidelines, regional Tobacco Education Coordinator meetings have begun in fiscal year 2005 and are held twice a year in each region. Meetings provide opportunities for training, discussions, and resource sharing. Each BSAS-funded program is asked to designate a staff member to be the Tobacco Education Coordinator.

Meetings are designed to support individuals in these positions as they work to implement the guidelines and assist their programs to integrate tobacco education, assessment, and treatment.

## **MEETING DATES AND LOCATIONS FOR SPRING, 2005** Central Region: April 26 Worcester Regional Center for Healthy Communities Boston Region: May 10 Greater Boston DPH Regional Health Office\*\*\* (new site) Southeast Region: May 17 Health Care of Southeastern Mass., Brockton Southeast Regional Center for Healthy Communities Northeast Region: May 18 Tewksbury DPH Regional Health Office Metro-West Region: May 24 Canton DPH Regional Health Office Western Region: May 25 Northampton DPH Regional Health Office ALL MEETINGS ARE FROM 10-NOON / REGISTRATION STARTS AT 9:30am Please cut off this bottom section and mail it to Janet Smeltz at IHR, 349 Broadway, Cambridge, MA 02139, or fax to 617-661-7277. For information, contact Janet Smeltz at the TAPE Project of IHR, 617-661-3991 or at tape@healthrecovery.org. \_\_\_\_\_\_ Name: \_\_\_\_\_ Title: \_\_\_\_\_ Telephone #: \_\_\_\_\_ E-mail: \_\_\_\_ Program: \_\_\_\_\_ Fax # \_\_\_\_\_ Please circle the meeting you plan to attend:

Southeast Region

Northeast Region

Metro-West Region

West Region

**Boston Region** 

Central Region

## **Tobacco Education Coordinator Meetings Directions**

## Northampton DPH Regional Health Office, Conference Room

(413) 586-7525

23 Service Center, Northampton, MA 01060

**From The East:** Take the Mass. Pike west to exit 4 and follow directions to Route 91 north. Take I-91 north to Exit 18. From the traffic light at the end of the exit ramp, turn left onto Route 5/10. Go north on Rte. 5/10 for ½ mile. The Regional Health Office is a one-story brick building on the left.

**From The West:** Take the Mass. Pike east to exit 4 and follow direction to Rte. 91 north. Take I-91 north to Exit 18. From the Traffic light at the end of the exit ramp turn left onto Rte. 5/10. Go north on Rte 5/10 for ½ mile. The Regional Health Office is a one-story brick building on the left.

#### **Worcester - Central Mass Regional Center for Healthy Communities**

(508) 438-0515

44 Front Street, Second Floor, Suite 280, Worcester, MA

**From the Northeast (Lawrence):** Route 495 South to Exit 25b 290 West. 290 West to Exit 16 Central Street Worcester. Turn right at end of ramp onto Central Street, follow directions below from Central Street.

**From the Northwest (Fitchburg):** Route 2 East to Route 190 South. Route 190 South to Route 290 West. 290 West to Exit 16 Central Street Worcester. Turn right at end of ramp onto Central Street, follow directions below from Central Street.

**From the South (New Bedford):** 495 North to Exit 25a 290 West. 290 West to Exit 16 Central Street Worcester. Turn right at end of ramp onto Central Street; follow directions below from Central Street. **OR** 146 North to 290 East, Route 290 East to Exit 16 Central Street Worcester. Turn left at end of ramp onto Central Street, follow directions below from Central Street.

**From Central Street:** Take Central Street to the end (Main Street). Turn left unto Main Street. At the 4th light (immediately before City Hall), Front Street will be on your left, Pleasant Street will be on your right. We are located at 44 Front Street just past the Midtown Mall.

**To Park:** Turn right unto Pleasant Street. There will be a parking garage half way up on your left (up to \$6.00 for the whole day). Or turn left unto Front Street and take your first left onto Commercial Street. The Fashion Outlet Parking Garage (up to \$10.00 for the whole day) is one block up on the right. There are Handicapped Parking spaces and parking meters available in front of the building and across the City Hall Commons by the Library.

#### **MetroWest DPH Regional Health Office**

(781) 828-7700

5 Randolph Street, Canton, MA 02021/ **Donovan Building**, 2<sup>nd</sup> Floor Conference Room

**From Boston:** Take the Southeast Expressway to Rte. 128 N. Follow Rte. 128 N. to Exit 2A (Stoughton/Rte. 138). Follow Rte. 138 to second set of lights. Take a right turn onto Randolph St. MHS is about one half mile on the left side.

**From Route 95 (points North):** Take Rte. 128 S. to Exit 2A (Stoughton/Rte. 138). Follow Rte. 138 to second set of lights. Go right onto Randolph St. MHS is about one half mile on the left side.

## Northeast DPH Regional Health Office/Tewksbury Hospital Directions

(978) 851-7261

East Street, Tewksbury, MA 01876 / Regional Health Office Conference Room- East Basement

From Route 93: Take Route 93 to exit 42, Dascomb Rd. From 93S – take a left off exit ramp and right at lights; from 93N – take a left off exit ramp and go straight at lights. Follow approximately 3 miles, go over railroad tracks. On your left, you will pass a sign for Saunders Recreation Area; after this you will see hospital campus. Take a sharp left at overhead flashing light onto Service Road (you are now on the hospital grounds). Go past the State Pharmacy. Proceed to the second stop sign and take a left onto Hospital Drive; the hospital is the tall building on the right. You may park in lot B on the left. Parking is free.

**From Route 495:** Take Route 495 to exit 38, Route 38. Take a left off the exit ramp. Proceed on Route 38 for approximately 3 miles. Take a left at lights onto Chandler Street (just before the new library on the left). Take

first right onto Hospital Drive; the hospital is the tall building on the right. You may park in lot B on the left. Parking is free. (Directions continue on next page.)

Note: the Regional Health Office has moved into the Thomas Saunders Building, which is the main hospital building. **Directions once you are at the Tewksbury Hospital:** Enter through the main door of the hospital to the left of the building and go to the Security Desk. You will need to sign in and get a visitor's pass. Let the guard know you are visiting the regional health (DPH) office. Take the second set of elevators to the Basement Level. Take a left off the elevator. At the end of the hall take another left. Go all the way and you will see a sign that says "Northeast Regional Health Office"- you have arrived. Look for signs that will direct you to the TEC Meeting in the conference room.

#### **Boston- DPH Regional Office**

10 Malcolm X Blvd., Ste. G1, Roxbury, MA 02119 617-541-2860

**PUBLIC TRANSPORTATION:** Orange line: get off at Roxbury Crossing station. take bus rte# 66, go 3 stops, the stop will put you right in front of the building.

Accessible bus routes are any routes departing from Ruggles to Dudley Station: 14,15, 19, 23, 28, 42, 44, 45. These buses depart from and/or pass through Dudley station from other points 1,8,8a,41,46, 47, 49.

#### **BY CAR:**

FROM SOUTH OF BOSTON: Take SE expressway I-93 to Mass. Ave/Roxbury exit (18). Merge onto Mass. Ave connector, continue traveling straight and go through the lights. This will put you on Melena Cass Blvd. Continue straight on Melena Cass Blvd. until you reach Tremont St./MA-28. Turn left onto Tremont St. Traveling on Tremont St. continue until you reach Roxbury Crossing (4 way intersection where the Reggie Lewis track and field ctr and the community college sit off to your left), get into the left lane to make the left turn onto Malcolm X Boulevard/New Dudley St. Drive down about 0.1 miles, 10 Malcolm X Blvd is on your right (landmark – the building sits across from the post office).

**FROM NORTH OF BOSTON:** Route 95 South to I-93 and get off at the Mass Ave/Roxbury exit and follow directions above.

**FROM DOWNTOWN BOSTON:** Take Tremont St. all the way to Roxbury Crossing (4 way intersection where the Reggie Lewis center and the community college sit off to your left). Get into your left lane to make that left turn onto Malcolm X Blvd/New Dudley St. The building is 0.1 miles down on your right

**FROM DORCHESTER AREA:** Travel Blue Hill Avenue going north until you reach the Grove Hall area. Bear to your left onto Warren St. Follow Warren St. all the way to Dudley Square. Bear to your left onto New Dudley St. Continue straight this now becomes Malcolm X Boulevard. The building is located on your left. You will need to go past the building and make a turn to enter the parking lot.

**FROM FOREST HILLS AREA:** Take Washington St. all the way to the Egleston Sq. area (Washington St and Columbus Ave intersect), bear to your left onto Columbus Ave. Follow Columbus Ave. all the way to Roxbury Crossing (4 way intersection where the Reggie Lewis Center and the community college sit off to your right). Turn right onto Malcolm X Boulevard/New Dudley St. The building is 0.1 miles down on the right.

PARKING IS AVAILABLE IN LOWER LEVEL PARKING AND THE SECOND LEVEL. YOU CAN PARK IN ANY NON-RESTRICTED SPACE. ADDITIONAL PARKING ON STREET

#### **Brockton - Southeast Regional Center for Healthy Communities**

Mulligan Training Center 942 West Chestnut Street, Brockton, MA 02301 1-800-530-2770

The SCHC and its Resource Library is located at Health Care of Southeastern Massachusetts, Inc. near the intersections of Routes 24 and 123, behind the Veterans Administration Hospital (VA). Free parking is provided in front of the building.

**From the North:** Take Route 128 South to Exit 4 - Route 24 South. Follow Route 24 South to Exit 17A, Route 123 East-Brockton. Follow the exit ramp to the first set of lights and take a right onto Manley St. Follow Manley St. to West Chestnut St. Take a left onto West Chestnut St. West Chestnut Place is on the right after Dunkin' Donuts and Cirelli Foods.

**From the South Shore:** Take Route 3 North to Route 128 North (Get in far left lane). Follow Route 128 North (get in far left lane) to Route 24 South, and take Exit 17A, Route 123 East - Brockton. At the end of the exit go to the 1st set of lights. Take a right on Manley St. and then a left onto West Chestnut St. West Chestnut Place is on the right after Dunkin' Donuts and Cirelli Foods.

**From the Cape:** Take Route 24 North or Route 495 North to Route 24 North to Exit 17A, Route 123 East-Brockton. Follow the exit ramp to the first set of lights and take a right onto Manley St. Follow Manley St. to West Chestnut St. Take a left onto West Chestnut St. West Chestnut Place is on the right after Dunkin' Donuts and Cirelli Foods.